

Youth Volleyball League
Volleyball Rules
Baldwin, De Soto, Eudora, Gardner & Wellsville

Modified NFHS Volleyball Rules – Kansas State High School Activity Association

SPORTSMANSHIP RULE:

Zero Tolerance for profanity, heckling, abusive language, or gestures of harm by officials, coaches, players or spectators. In any case, the game will be stopped and the person(s) involved will be asked to leave the premises before the game will resume.

MISCONDUCT RULE:

Any player or coach ejected from a game for any reason will draw an automatic one game suspension. A second offense will draw a ban from competition for the remainder of the season. A ban for the volleyball season could result in a ban from future parks & recreation activities if situation merits such discipline.

MATCH:

Each match will consist of three (3) games. There will be a 45-minute time limit on the entire match. All three games will be played to 21 points (win by 2) with a 23 point cap. If the score becomes 22-22, the next point wins the game. If time expires during game play, the team that is ahead wins the game. If teams are tied when time expires (45 minutes) a 5 minute overtime will be played. If, during this period, one team gains a 2 point advantage, the game ends. At the end of the 5 minute overtime, if neither team gains a 2 point advantage, the team leading wins the game. If both teams are still tied then the match will end in a tie.

SCORING:

Both leagues (3rd & 4th / 5th & 6th) will play with Rally scoring. A point is awarded in each service.

START PLAY:

A coin flip will determine serve. The winner of the coin flip has the choice of serve or to receive. The other team has choice of side. The team who serves game one will receive game 2. If game three is needed a coin flip will determine, serve or receive.

ROTATION:

All players must stay in the same rotation order. There will be a mandatory rotation each time the team gains serve. Substitutes will enter into the rotation at the Center Back Court position.

NET HEIGHT:

Both divisions (3rd & 4th / 5th & 6th) will play at 7' 4".

SERVING:

3rd & 4th Graders: Service line will be the NFHS attack line and back.

5th & 6th Graders: Service line will be six feet in front of the NFHS service line and back.

Each server is allowed only 5 consecutive serves. If all serves are good then the team shall rotate to give the next person in the rotation the serve. The team will not lose serve. Net serves will be allowed.

TIME OUTS:

Each team will receive 1 time out per game; time outs can not carry over from game to game. If a game goes into overtime 1 time out will be awarded.

Time Out Duration = 30 seconds

ADDITIONAL:

45 Minute Time Limit –

Clock will not stop during timeouts.

Clock will stop for 2 minutes between games to switch sides.

Each team must provide one line judge per game and someone to help with the scorekeeping and/or keeping the official time.

The referees decision is final...NO PROTESTS.

This is a recreational league and the emphasis should be on participation, fundamentals and fun.